

Some people believe that for a hobby to be enjoyable it should be hard to acquire or learn. Do you agree or disagree with this statement?

While an overwhelming majority hold the idea that a delightful leisure activity can be as simple as reading, jogging or fishing, other members of society argue that sophisticated types of activities can be more enjoyable. When it comes to this notion, I maintain that grade of satisfaction from a hobby mainly depends of individual's personality, and it does not have anything to do with the complication or simplicity of the activity.

Most people in this day and age spend a lot of their time at their workplace under a stressful condition leading them to irreparable physical and mental harms if fail to maintain a balance between their profession and personal life, hence the importance of leisure activities. Tired of hectic pace of life in modern world, advocates of complicated hobbies reason that even leisure activities should be aligned with our brain development. Gone are the days when people could enjoy themselves by simple hobbies such as collecting stamps or antiques.

On the other hand, there are still so many people who believe that our hobbies do not necessarily have to develop our brain potentials. The followers of this viewpoint, in fact, maintain that not only must a career regardless of its complexity be enjoyable, but a hobby should boost one's mood, and both a job and a hobby should not be evaluated based on their complication. Although soap carving, crocodile keeping, or shark riding might be enjoyable for many people, being involved in such hobbies do not convey that simple activities such as surfing the net or playing badminton is not a constructive leisure activity.

To cut a long story short, despite the attraction the sophisticated hobbies inherently have, and the benefits they can bring about, I do not believe that the tougher the hobby, the more benefit it provides. Arguably, only when people enjoy what they do, can they be expected to hone their skills, and lighten their mood.